



LA TRINACRIA

SONS OF SICILY

DECEMBRE, 2025



PRESIDENT'S MESSAGE



Brothers,

This year has come to an end. It has been a year of amazing events, from guest nights to festivals. With all the fun, we still had some tough losses this year, and even though those members are no longer with us, they will always be remembered in our hearts and through the great stories we tell every month.

2026 is going to be another busy year filled with more good times and great events. Always check our social events, the website, and your email inbox for updates. Email is the best way for us to send updates and reminders for events, so if your email is not on file, please let T.J. know so he can update your information.

2026 dues notices have been mailed out. If you have a change to your information, please contact T.J. Blau so he can update the member list. With dues notices already distributed, any new member applications will be processed in January 2026.

December 12th will be our Adult Christmas Party. We will be having a wonderful prime rib dinner. See social events for all the details and look out for email reminders.

Our Kids Christmas Party will be on December 14th. This has always been a great event since I was a kid, so I hope to see some future members stop by to see Santa. See social events for all the details and look out for email reminders.

As we start the new year, our January 8th, 2026 meeting will be a Male Guest Night. Please call Mike if you are bringing a guest or future member to dinner.

To get you ahead of the game, 2026 Crab Feed tickets will be available starting 1/2/2026. See social events for more info.

Sorry I missed everyone last meeting. I had a back sprain that kept me home. I am doing better and hope to see everyone for our Christmas celebration.

Frank Salciccia – President

CALENDAR OF EVENTS



- December 12th
Adult Christmas Party
- December 14th
Kids Christmas Party
- January 2nd
RSVP for Crab Feed
- January 5th
Male Guest Night Meeting
- February 21st
1st Crab Feed of the Year

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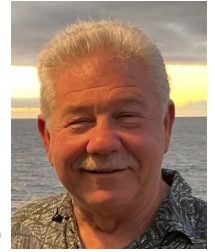
SICILIAN WORD OF THE MONTH

manu *n.m.* Hand, help, cooperation.

Una manu lava all' altra e tutti dui lavanu la facci.

Eng. One hand washes the other and the two wash the face.

SOCIAL EVENTS



Our last events for this year will be the Adult Christmas Party and the Kids Christmas Party.

The Adult Christmas has always been an outstanding meal, but this year will be a little different. All members in good standing will be free, and their guest will be \$40. In addition, this year we are going to invite our members to bring additional guests to the party at a cost of \$50 each. We are limiting the number of additional guests to 40 total. They must be paid for when calling Mike to make the reservations. Mike will maintain a list and let people know when he reaches the 40-person limit.

Our Kids Christmas will be at Giovanni's Pizzeria, 1127 Lawrence Expy, Sunnyvale, on Sunday, December 14th, 11:30 to 2:00 p.m. All kids 12 and under will get a present from Santa. Must call JC Zambataro with the gender and age of each youngster by December 3rd, (408) 784-9590.

Our January meeting will be a male guest night, so please call Mike (408) 972-4986 by December 30th if you plan on bringing a guest. The cost per guest will be the same (\$30/guest). TJ and Little Joe will both be available to help with applications.

Also, for our two crab feeds next year, Mike will have tickets available January 2nd. The cost will be \$85 per ticket, with first-come, first-served ticket sales. We will limit the total number to 350 guests and will have the same menu as in years past. You must contact Mike for tickets after January 2nd, 2026.



For up to date information please check out our website — www.sonsofsicily.com.

See the schedule below for a quick reference in chronological order

Dec. 12th – Adult Christmas Party (Members Only) Call Mike (408)972-4986

Dec. 14th – Kids Christmas Party (Kids 12 & under) Call JC Zambataro (408)784-9590

Jan. 2nd – Tickets go on sale for our annual crab feeds (Feb 21st & Mar 14th) Call Mike (408) 972-4986

Jan. 5th – Male Guest Night meeting – Napredak Hall, Call Mike (408)972-4986

As changes occur, we'll keep you posted with updates.

Bob Scaletta — Social Events



Adult Christmas Party

Friday, December 12th
 Napredak Hall, 770 Montague Expy, San Jose, CA 95131
 No Host Bar: 6-7 p.m.
 Dinner: 7-8:30 p.m.
 Music & Dancing: After Dinner
 Free for Members
 \$40 for Spouse/Significant Other
 \$50 for each Additional Guest
 (Only 40 total additional guests allowed — RSVP quickly)
 Last Day to RSVP is December 2nd
 Contact Mike Maltese at 408-972-4986



SONS OF SICILY KIDS CHRISTMAS PARTY WITH SANTA

- Sunday, December 14th
- Giovanni's Pizzeria, 1127 Lawrence Expy, Sunnyvale, CA 94089
- Children are Free
- Child must be present to receive a gift from Santa
- Last Day to RSVP is December 3rd
- Contact JC Zambataro at (408)784-9590

SONS OF SICILY CRAB FEED



Save the Date

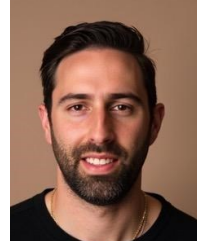
RSVP begins January 2nd
 1st Crab Feed February 21st
 2nd Crab Feed March 14th

HEALTH & WELFARE

Fratelli,

There is nothing to report for this month. Wishing all our members and their families a wonderful Thanksgiving and a very Merry Christmas.

Chris Zambataro — Health & Welfare



If you have any news to report, please contact me before 15th of the month if you want it placed in the newsletter.

Call me at (408)813-2818 or email me at chris@zambataro.com.

Prostate Cancer Awareness

What is a prostate?

The prostate is a gland found in people assigned male at birth. It's located between your bladder and rectum, and helps make semen.

What is prostate cancer?

Prostate cancer is the second most common cancer among men in the United States. However, screenings help find more than 9 out of 10 prostate cancers early, when the cancer is only in the prostate gland.

What are the warning signs of prostate cancer?

The first sign often is an abnormal finding on a routine screening exam. Many men with prostate cancer do not notice any signs, though common symptoms include: Needing to urinate often and during the night. Unable to urinate. Trouble starting or stopping the flow of urine. Often feeling pain or stiffness in your lower back, hips, or upper thighs. Painful ejaculation or trouble having an erection. Having these symptoms doesn't mean you have prostate cancer. Talk with your doctor if you have any of these symptoms. Be sure to get a diagnosis and treatment if needed.

What is prostate cancer screening?

One of the best ways to screen for prostate cancer is a blood test that measures your level of prostate-specific antigen ("PSA"), a protein made in the prostate gland.



Visit the American Cancer Society website at [cancer.org/prostatecancer](https://www.cancer.org/prostatecancer) or call us at **1-800-227-2345** to learn more.

RECIPE OF THE MONTH

Cuccidati (fig cookies)

Courtesy of Rodney Turco Jr

Filling

- 1 lb Mission Figs
- 1/2 lb Dates (1 box pitted)
- 1/2 lb Dried Apricots
- 1/2 lb Raisins (2 cups)
- 1/2 to 1 lb Candied Fruit
- 1 cup Toasted Almonds
- 1 cup Toasted Walnuts

Add:

- 8 oz Apricot Preserves
- 8 oz Honey
- 4 tsp Grated Orange Zest
- 1 1/2 - 3 tsp Cinnamon
- 4 Tbsp Brandy

Rough chop toasted nuts and dried fruit. Using the KitchenAid, grind ingredients in a large bowl. Add remaining ingredients (preserve, honey, orange zest, and Cinnamon) and mix well. Place in a Ziplock bag and let sit for 2 weeks in the refrigerator. When ready to use, take the filling out of the refrigerator and let it stand overnight.

Dough

- 4 1/2 cups Flour
- 4 tsp Baking Powder
- 1 cup Sugar
- 1/2 lb or 2 sticks unsalted butter
- 1 1/2 tsp Vanilla
- 5 Eggs

Beat together eggs and vanilla and set aside. Sift together flour, baking powder, and sugar into a large bowl. Cut in butter like pie dough. Add egg mixture and continue to work dough. The dough should be soft like a pie dough. Divide dough into small batches. Roll out on a floured board. Work the dough until smooth but do not overwork. Roll to the same thickness as a pie, about 1/4" thick. Cut strips 3 1/4" wide, then put filling down the center of the strip. Turn one edge over the filling and wet top with milk, then overlap the other edge and seal. Cut to size every 2-2 1/2" diagonally. Put on an ungreased cookie sheet with seam side down. Bake at 400°F for 20-25 minutes. Should be golden brown when done.

Icing

- 1 pkg Powdered Sugar
- 1/2 cube Butter
- 3/4 can Sweetened Condensed Milk
- Couple Drops of Lemon Extract

Mix together sugar and butter, then add condensed milk until smooth. Use as much milk as needed to make it smooth. Dip tops of cookies into icing and sprinkle with colored candies. Set on a cooling rack over wax paper until the icing hardens.



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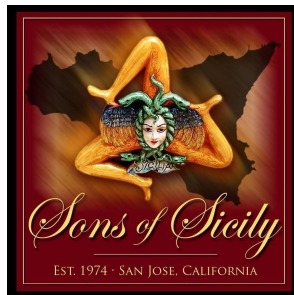
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